



WELCOME TO



WonderTree

· CHILD, ADOLESCENT, & FAMILY PRACTICE ·





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WonderTree is a pediatric hub designed to support youth and families in Ontario. We offer wrap around, experienced multidisciplinary care. We offer support for a variety of presenting concerns, including general learning, mental health, and developmental concerns. Our clinicians also specialize in working with neurodivergent youth, particularly those that have co-occurring concerns, including medical diagnoses, neurodevelopmental disorders, mood, anxiety, learning concerns, etc. We know it can be hard to put together a good care team, so we built one available to all Ontario families.

## MESSAGE FROM THE DIRECTORS



Dr. Stephanie Lavoie, C. Psych

Dr. Michelle Fardella, C. Psych

For over 10 years we have provided psychological and therapeutic services across the public and private sectors- hospitals, community mental health agencies, private practices, and school boards. We have seen how the right team of dedicated and trained professionals can work with families to make a significant difference in a child's life trajectory. We came together at the end of each day and talked about our shared vision of a practice that was accessible to families, provided care across the spectrum of needs for our clients, and would prevent kids from falling through the cracks. That vision is WonderTree. We want to bring that level of service to all of Ontario.



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# WONDERTREE'S KEY PILLARS

## FAMILY FOCUSED

At WonderTree, we take a family-centered approach to care delivery. We value partnerships with family members and guardians in addressing the psychological and behavioural needs of their youth. Caregivers are considered experts concerning their children's strengths and needs, and integral to treatment implementation and success. We work together with families within each service whenever possible.

## STRENGTH BASED

At WonderTree, we focus on our client's internal strengths and resourcefulness, rather than on weaknesses, failures, and shortcomings. This focus sets up a positive mindset that helps you build on your best qualities, find your strengths and improve resilience. We hope to help families discover and tap into their inner strengths to build solutions.

## INTERSECTIONALITY

At WonderTree, we hold a framework of intersectionality when working with our clients. This describes the ways in which systems of inequality based on gender, race, ethnicity, sexual orientation, gender identity, disability, class and other forms of discrimination "intersect" to create unique dynamics and effects for each individual. Through an awareness of these systems, we can better acknowledge and ground the differences and similarities among us.



# AVAILABLE SERVICES

PSYCHOLOGICAL ASSESSMENT

CHILD + ADOLESCENT THERAPY

PARENT COACHING/THERAPY

LIFE SKILLS SUPPORT

MEDICATION CONSULTATION FOR ADHD

SPEECH + LANGUAGE THERAPY

OCCUPATIONAL THERAPY

EXECUTIVE FUNCTIONING COACHING

TARGETED ACADEMIC SUPPORTS

EDUCATIONAL CONSULTING

NO WAITLIST  
IMMEDIATE SERVICES AVAILABLE



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# PSYCHOLOGICAL ASSESSMENT



Our Psychology Team is currently offering school readiness assessments, and virtual mental health, autism, and life skills assessments.

- School Readiness assessments are non-diagnostic assessments for children ages 3 to 6. These assessments measure the child's skill sets that contribute to their ability to succeed in school. They are designed for kids just entering the school system from Junior Kindergarten to Grade 1.
- Virtual autism assessments are for children and youth anywhere in Ontario that cannot access in person assessments.
- Mental Health Assessments are diagnostic assessments that help to develop a clear understanding of what your child is struggling with and to determine what therapies may be most helpful.

# CHILD + ADOLESCENT THERAPY



Our therapists are registered psychologists or social workers with years of experience supporting youth with a variety of presenting concerns, particularly those with complex profiles. Our therapists use evidence-based therapy modalities to help youth stabilize, build skills, and thrive (e.g., cognitive behaviour therapy, dialectical behaviour therapy, emotion focused therapy, acceptance and commitment therapy). Children and adolescents can work one-on-one with our licensed therapists, or as a family.

# PARENT COACHING/THERAPY



Our psychologists and social workers provide virtual parent therapy and coaching. Through our individual and group parent coaching options, WonderTree clinician's support parents in transforming parenting patterns and parent-child relationships. Parents can utilize our single session consultation model, or ongoing coaching support from licensed therapists.



## LIFE SKILLS SUPPORT

Our Developmental Service Workers support youth and emerging adults to promote and develop independence skills, social and life skills, participate in community activities, and support individuals with pre-employment skills. This kind of support can be helpful for individuals with intellectual disabilities, significant ADHD, autistic individuals, or other neurodevelopmental disorders.

## MEDICATION CONSULTATION FOR ADHD

Families can book an online meeting with a licensed Nurse Practitioner (NP) for youth ages 6-18 years of age who have a diagnosis of Attention Deficit Hyperactivity Disorder (ADHD). We believe in a multimodal approach to treatment, including medication, behavioural supports, and personalized academic accommodations. Our NPs can provide medication consultations and ongoing care for medication management, as well as communicate with primary care providers.

## SPEECH + LANGUAGE THERAPY

Our licensed Speech and Language Pathologists provide web-based assessment and therapy services to children and adolescents to support varying areas of language development (e.g., vocabulary, articulation, motor-speech, receptive language, social-conversation skills, expressive language, fluency, use of communication aids, etc.).

## OCCUPATIONAL THERAPY

Our Occupational therapists provide virtual assessment, consultation, and treatment to help youth gain skills and improve their daily functioning. They can work with youth to target a variety of areas for growth (e.g., fine motor, sensory integration, gross motor, executive functioning, self-regulation, attention-based concerns, etc.).



# EXECUTIVE FUNCTIONING COACHING

WonderTree Executive Functioning Coaches help youth with developing skills for planning, organizing, starting, and completing tasks. They can help with prioritizing, time management, and tools to stay focused. It focuses on building up the child's executive functioning skills, leading to greater independence and less cueing from others. This type of support is sometimes referred to as ADHD coaching, as it is particularly useful for individuals with a diagnosis of ADHD.

## TARGETED ACADEMIC SUPPORTS

Not all tutors are created alike. WonderTree Teachers have Special Education certifications and have worked in a multitude of classrooms serving neurodivergent youth (autistic, LD's, ID, ADHD, gifted, complex medical). They use individually tailored tutoring methods to address literacy and numeracy skills. WonderTree teachers can also support gifted learners and children with high academic achievement with passion project learning.

## EDUCATIONAL CONSULTING

Our Educational Consultants are certified teachers (OCT) with years of experience and qualifications in Special Education. They work directly with parents to support their child's learning. They understand the barriers, supports available, and how to access these supports, and can serve as the bridge between the family and school.

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